

## **Resources for *Transforming the Wounds of War*** Compiled and Recommended by Carolyn H. Heggen

### Books:

- \**Out of the Night: The Spiritual Journey of Vietnam Vets* by William P. Mahedy
- \**War and the Soul: Healing Our Nation's Veterans from PTSD* by Edward Tick
- \**Haunted by Combat* by Daryl Paulson & Stanley Krippner
- \**Back from the Front: Combat Trauma, Love and the Family* by Aphrodite Matsakis
- \**Trust After Trauma: A Guide to Relationships for Survivors and Those Who Love Them*  
by Aphrodite Matsakis
- \**Horrific Traumata: A Pastoral Response to the Post-Traumatic Stress Disorder*  
by N. Duncan Sinclair
- \**Hell, Healing and Resistance: Veterans Speak* by Daniel Hallock
- \**Achilles in Vietnam: Combat Trauma and the Undoing of Character* by Jonathan Shay
- Down Range--To Iraq and Back* by Bridgett Cantrell and Chuck Dean
- War is a Force That Gives Us Meaning* by Chris Hedges
- The Endless Tour: Vietnam, PTSD and the Spiritual Void* by Rev. Amy L. Snow
- Courage After Fire: Coping Strategies for Returning Soldiers and Their Families*  
by Keith Armstrong, Suzanne Best and Paula Domenici
- Recovering from the War: A Woman's Guide to Helping Your Vietnam Vet, Your Family  
and Yourself* by Patience H.C. Mason
- Walking Wounded: Men's Lives During and Since the Vietnam War* by Steve Trimm
- Farewell Darkness: A Veteran's Triumph over Combat Trauma* by Ron Zaczek
- Flashback* by Penny Coleman
- When the War is Over A New One Begins* by Chuck Dean and Bette Nordberg
- While They're at War* by Kristin Henderson
- On Killing: The Psychological Cost of Learning to Kill in War and Society*  
By Lt. Col. Dave Grossman

*Trauma and Recovery* by Judith Herman

*At Hell's Gate: A Soldier's Journey from War to Peace* by Claude Anshin Thomas

*The Long Road Home: One Step at a Time* by G.B. Trudeau

*The War Within: One More Step at a Time* by G.B. Trudeau

Journal Articles:

Brende, J & McDonald, E. (1989) *Post-traumatic Spiritual Alienation and Recovery in Vietnam Combat Veterans*. Spirituality Today, 41 (3), 319-340.

Drescher, K.D. & Foy, D.W. (1995). *Spirituality and Trauma Treatment: Suggestions for Including Spirituality As a Coping Resource*. National Center for PTSD Clinical Quarterly (5)1, 4-5.

Marin, P. (1981) *Living in Moral Pain*, Psychology Today. 15 (11), 680.

Simon, C. *Bringing the War Home*. Psychotherapy Networker, January/February 2007.

Hotlines

National Suicide Prevention Lifeline	1-800-273-TALK
Civilian Suicide Prevention	1-800-SUICIDE
Military One Source (Suicide)	1-800-342-9647
National Domestic Violence	1-800-799-7233

On Line Resources

[www.outofthenight.net](http://www.outofthenight.net)

Website of Father William Mahedy

[www.battlemind.org](http://www.battlemind.org)

“Soldier Battlemind”

“Spouse Battlemind”

“Helping Professional Battlemind”

[www.heartstowardhome.com](http://www.heartstowardhome.com)

Downloadable workbook by Bridget Cantrell, PhD and Chuck Dean  
Phase #1 of “Turning Your Heart Toward Home” Workbook Course

[www.onearthpeace.org/programs/peace-witness/welcome-home-project/index.html](http://www.onearthpeace.org/programs/peace-witness/welcome-home-project/index.html)

[www.pmim.org](http://www.pmim.org) (Point Man International Ministries and outpost support groups)